

PROMOTION RECOMMENDATION
THE UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Erin Bonar, Ph.D., assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees

Ph.D.	2011	Bowling Green State University
M.A.	2007	Bowling Green State University
B.S.	2004	Northern Kentucky University

Professional Record

2013-present	Assistant Professor of Psychiatry, University of Michigan
2014-present	Adjunct Assistant Professor of Psychology, University of Michigan

Summary of Evaluation:

Teaching: Dr. Bonar provides clinical supervision and mentoring to a broad spectrum of trainees including addiction fellows, residents, post-doctoral research fellows, pre-doctoral trainees, and social workers. She has presented workshops on Motivational Interviewing to medical students entering their clinical rotations. She is an excellent, engaging presenter, providing guidance across developmental stages, integrating teaching with research and service. In 2016, Dr. Bonar was appointed as the psychology practicum director for the University of Michigan's Addiction Treatment Services (UMATS), developing the first psychology practicum experience offered through UMATS. In this practicum, trainees are able to work collaboratively with the UMATS inter-professional team of psychiatrists, social workers, psychologists, and certified addiction nurses and counselors to treat patients with substance use or dual diagnoses. Trainees are able to conduct individual and group therapies and have the opportunity to receive specialized training in motivational interviewing (MI) and behavioral couple's therapy, in addition to cognitive behavioral approaches. Dr. Bonar has been actively involved didactically through lectures and seminars. Biannually, she leads a two-day training course for faculty, allied health trainees/staff, research staff, medical residents/fellows, and psychology trainees in motivational interviewing. At the undergraduate level, she lectures, has mentored an honors thesis student and an independent study student, and has provided research experiences for students in the Undergraduate Research Opportunity Program. At the graduate/post-graduate level, Dr. Bonar provides guest seminars on career development and has mentored four National Institute on Alcohol Abuse and Alcoholism T32 fellows and one international fellow. She mentors Injury Prevention Center summer interns and delivers a lecture on sexual assault prevention included in a Massive Online Open Course on Childhood Injury Prevention.

Research: Dr. Bonar's research explores the complexity of the prevention and treatment of substance use disorders, with an emphasis on leveraging technology to standardize assessments and research protocols, increase intervention fidelity, and deliver MI interventions. Most recently,

she has been researching co-occurring problems that complicate treatment outcomes, including violence, medical marijuana use, chronic pain, and overdose risk behaviors. Using a computerized therapy support platform, she examines how therapist interactions predict substance use and sexual risk behaviors. Dr. Bonar has also been involved in the growing opioid epidemic as a multiple-principal investigator for a multi-site CDC-funded translation study creating an online toolkit to implement an efficacious opioid overdose prevention intervention with naloxone distribution into routine care in community settings (i.e., primary care, homeless clinics). Findings from this research have been published in leading scientific journals, including *Drug and Alcohol Dependence*, *Ethics & Behavior*, the *Journal of American College Health*, and the *Journal of Addiction Medicine*. Dr. Bonar has successfully competed for both internal and NIH funding as a principal investigator. She has strong co-investigator collaborations on several NIH-funded behavioral intervention clinical trials, where she has developed, trained, and supervised clinicians in MI interventions for substance use, sexual risk behaviors, and life skills development. She was also recently awarded two separate R34 grants from the National Institute on Drug Abuse to develop and test novel social media-based (Snapchat and Facebook) cannabis use interventions among emerging adults. Dr. Bonar has published 66 peer-reviewed articles.

Recent and Significant Publications:

Bonar E, Walton M, Barry K, Bohnert A, Chermack S, Cunningham R, Massey L, Ignacio R, Blow F: Sexual HIV risk behavior outcomes of brief interventions for drug use in an inner-city Emergency Department: Secondary outcomes from a randomized controlled trial. *Drug and Alcohol Dependence*. 183: 217-224, 2018.

Bonar E, Walton M, Epstein-Ngo Q, Zimmerman M, Blow F, Cunningham R: Two-year trajectories of sexual risk behaviors among drug-using adolescents and emerging adults in an urban community. *AIDS and Behavior*. 21:2069-2078, 2017.

Bonar E, Goldstick J, Collins R, Cranford J, Cunningham R, Chermack S, Blow F, Walton M: Daily associations between cannabis motives and consumption in emerging adults. *Drug and Alcohol Dependence*. 178:136-142, 2017.

Bonar E, Arterberry B, Davis A, Cunningham R, Blow F, Collins R, Walton M: Prevalence and motives for drugged driving among emerging adults presenting to an emergency department. *Addictive Behaviors*. 78:80-84, 2017.

Bohnert A, Bonar E, Cunningham R, Greenwald M, Thomas L, Chermack S, Blow F, Walton M: A pilot randomized clinical trial of an intervention to reduce overdose risk behaviors among emergency department patients at risk for prescription opioid overdose. *Drug and Alcohol Dependence*. 2016; 163: 40-47, 2016.

Service: Dr. Bonar is a licensed clinical psychologist and addiction researcher. Her research and clinical work focuses on expanding prevention and treatment options to address co-occurring risk behaviors, improve outcomes, and reduce negative health effects. She was appointed as the director of clinical programs for UMATS in 2016. In this role, she was responsible for re-designing treatment programs to enhance the delivery of evidence-based services. It quickly resulted in expanding evidence-based treatment options for patients with co-occurring conditions

by adding new group therapies and a complete redesign of the intensive outpatient programs for adolescents and adults. Dr. Bonar is an editorial board member of the *Journal of Substance Abuse Treatment*. She provides peer-review service for 25 journals, including, *Drug and Alcohol Dependence*, *Academic Emergency Medicine*, and the *Journal of Addictive Diseases*. Dr. Bonar has served on the Psychotherapy Competency Committee and the Department of Psychiatry Research Council. Institutionally, she took the lead planning for the Injury Prevention Center's national Summit on the Prevention of Sexual Assault, and assisted with the planning for the 2018 Michigan Meeting on Gender-Based Violence. Nationally, Dr. Bonar has held service roles for the College on Problems of Drug Dependence and the Advancing Ethical Research conferences, and was an invited attendee at the National Collegiate Athletic Association Higher Education Summit on Sexual Assault Prevention, where helped to contribute towards the NCAA Sexual Violence Prevention Toolkit.

External Reviewers:

Reviewer A: "Notably, her work uses technology-facilitated assessment [daily diaries] and interventions [computer delivered motivational counseling], an important methodological advance that is expanding the public health reach of interventions...It is clear that Dr. Bonar is studying important problems, with innovative methodologies, and she is capable of both leading her own projects and making valuable contributions to her collaborators' research...This level of productivity at the proposal stage bodes well for continued research support, and shows that she is considered a valued collaborator."

Reviewer B: "Based on this review, I strongly endorse Dr. Bonar's promotion to the rank of Associate Professor...Her leadership of federally funded projects and publication of her research findings in peer-reviewed journals support Dr. Bonar's national reputation...These competitive awards are evidence of Dr. Bonar's growing national reputation, which is further enhanced by her collaboration on four other federally funded projects...Dr. Bonar's excellence in research is exemplified in her peer-reviewed publications...In my opinion, Dr. Bonar's strategy of publishing in a range of journals expands the reach and scientific impact of her research...Taken together, these examples of professional service, to both the institution and the profession, are important indicators of Dr. Bonar's commitment to excellence in her career as a clinician-scientist."

Reviewer C: "The total of 66 peer reviewed publications is extremely impressive for someone at Dr. Bonar's career stage, and certainly meets the bar for promotion to Associate Professor at [my institution] and other peer institutions...I believe that Dr. Bonar is conducting high quality work that addresses significant areas in addiction and HIV risk prevention. She has a very strong record with regard to number of peer-reviewed publications for someone at her career stage, has had success in obtaining NIH funding, and is highly committed to teaching and mentoring."

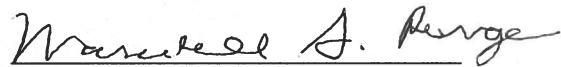
Reviewer D: "Dr. Bonar is an extremely well-regarded junior scientist in the field of addiction research, and she has made many excellent contributions in areas ranging from prevention to treatment in both community and health care settings...Her research program has impressive depth, with a clear focus on addressing substance use and related problems among particularly vulnerable populations...Her publications have appeared in outstanding journals that have a high impact...The quality and productivity that Dr. Bonar has demonstrated in her work are exceptional with regard to her peers in the mental health and addiction field...Dr. Bonar has made very strong

contributions to the fields of clinical psychology, mental health services, and addiction...In summary, I believe that Dr. Bonar is a truly outstanding scientist and that she will continue to be productive and successful in her work.”

Reviewer E: “Overall, I can conclude that Dr. Bonar is an excellent candidate for tenure and promotion at this time...Given Dr. Bonar’s clear success in collaboration on prior NIH funded research I am very confident that Dr. Bonar will continue to have a very successful career in obtaining grant funding...This record of mentoring and professional service is rather extensive for an individual at the Assistant Professor level and clearly shows her readiness for transition to promotion to Associate Professor...Overall, I am very enthusiastic about Dr. Bonar’s trajectory as a scientist and would certainly vote positively on her tenure and promotion case if given the opportunity.”

Summary of Recommendations:

Dr. Bonar has a strong track record of success in obtaining funding from both internal and NIH resources. She has and continues to develop a specialized niche that addresses substance use and co-occurring risk behaviors in emerging adults by leveraging technologies to optimize scalability and influence of care. I am pleased to recommend Erin Bonar, Ph.D. for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.



Marschall S. Runge, M.D., Ph.D.
Executive Vice President for Medical Affairs
Dean, University of Michigan Medical School

May 2019